



St. Anthony's Parish, Belfast

part of the Family of Parishes
of
St Malachy's, St Matthew's,
St Colmcille's, St Anthony's, &
St Colmcille's, (Holywood)

Fr. Henry McCann PP (and Chaplain to the
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Facebook Page: <https://www.facebook.com/stanthonysbelfast>.

Website: <https://www.saintanthony.co.uk>

MASSSES:

Sunday Morning:

(in Polish): 9am, & 6:30pm.

(English Parish Mass): 11.30am

Weekdays:

Mon, Tues & Thurs at 9.30am. Fri 9:30am.

(Nov, Dec & Jan at 9:30am).

**PLEASE NOTE then that from November
Fri Mass is at 9:30am**

All English Masses on Facebook.

Polish Weekday Masses:

Tues & Thurs 7pm, Sat 9am

Confessions: By Arrangement.

Baptisms: By Appointment

St Bernadette's SVP Conference. If you
require assistance, please telephone SVP
Regional Office at 028 90351561. Donate
locally at www.svpni.co.uk

Parish Collections

Many thanks for your support. If you
require envelopes, or if your address
details have changed please contact
Fr McCann.

Weekly £564.69

Monthly Stipend £360.30

Shrines £75.12

Dona Digital £86

DONATE (website)£40

Privacy Policy. The Parish of St Anthony is part
of the Diocese of Down and Connor and operates
in accordance with the Diocesan Privacy Notice,
copies of which are available on request.

Parish Safeguarding. Can you please ensure
that all Children and Vulnerable Adults are
accompanied at all times when entering the
Sacristy / Toilet facilities. If you have any queries
regarding the Safeguarding Policy please contact
a member of the Parish Safeguarding
Committee. Thanks. Fr Henry McCann PP.

FIFTH SUNDAY IN ORDINARY TIME INTERNATIONAL DAY OF PRAYER & AWARENESS AGAINST HUMAN TRAFFICKING

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Kevin Hill, Fr Sean Convery
CSsR, Jim Browne, John Tumelty (father of the late
Fr Brian)

Anniversaries: James & Kathleen McCann, Brenda
Crilly, Patrick Gunn, Brigid Murray (Sun 8th Feb)

FEAST DAYS THIS WEEK

Tue 10th: St Scholastica, virgin

Wed 11th: Our Lady of Lourdes

Sat 14th: St Cyril, monk, & St Methodius, bishop

St Anthony's Music Ministry. We are looking to expand
our music ministry and are calling on all musicians and
singers to lend your gift to praise God. Please leave your
details with Liam at the organ after Mass.

**Prayer for an End to Human Trafficking—Sunday 8th
February.** O God, when we hear of children and adults
deceived and taken to unknown places for purposes of
sexual exploitation, forced labour, and organ 'harvesting',
our hearts are saddened and our spirits angry, that their
dignity and rights are ignored through threats, lies, and
force. We cry out against the evil practice of this modern
slavery, and pray with St. Bakhita for it to end. Give us
wisdom and courage to reach out and stand with those
whose bodies, hearts and spirits have been so wounded,
so that together we may make real Your promises to fill
these sisters and brothers with a love that is tender and
good. Send the exploiters away empty-handed, to be
converted from this wickedness, and help us all to claim the
freedom that is Your gift to your children. Amen.

World Day of The Sick, 11th February 2026. On 11th
February in 1858, Our Lady first appeared to the 14 year
old Bernadette Soubirous at Lourdes. In 1992, Pope John
Paul II instituted The World Day of the Sick to be held on
the commemoration of Our Lady of Lourdes. This year,
Pope Leo finished his letter to mark this day, with a prayer
to Our Lady. He wrote:-

"Let us raise our prayers to the Blessed Virgin Mary, Health
of the Sick, asking her to assist all who suffer and are in
need of compassion, consolation and a listening ear. Let
us seek her intercession with this ancient prayer, that
has been invoked in families for those living with illness and
pain":

Sweet Mother, do not part from me.

Turn not your eyes away from me.

Walk with me at every moment

and never leave me alone.

You who always protect me

as a true Mother,

obtain for me the blessing of the Father,

Son and Holy Spirit.

**Day of Prayer for Survivors and Victims of Abuse In
Ireland,** a Day of Prayer for Victims and Survivors of Abuse
is marked each year on the Friday immediately following
Ash Wednesday. This year it will be marked across Ireland
on Friday 20th February 2026. This day is not only for
victims and survivors who have been so severely injured
inside our Church, but also for the families and
communities affected by the pain and grief of their loved
ones.

"It is essential that we, as a Church, be able to
acknowledge and condemn, with sorrow and shame, the

atrocities perpetrated by consecrated persons, clerics, and all
those entrusted with the mission of watching over and caring for
those most vulnerable. Let us beg forgiveness for our own sins
and the sins of others. An awareness of sin helps us to
acknowledge the errors, the crimes and the wounds caused in
the past and allows us, in the present, to be more open and
committed along a journey of renewed conversion"
Bishop Alan McGuckian SJ will celebrate Mass in St Peter's
Cathedral on Friday 20th February 2026 at 6:00pm. Chairs and
members of Parish - Family of Parishes Safeguarding
Committees are invited to attend the Mass in St Peter's
Cathedral and join with Bishop Alan in praying for all those who
have been affected by abuse.'

Belfast Jesuit Centre - Upcoming Events

**Lenten Scripture Course with Fr Kieran O'Mahony:
Learning from Matthew's Church.** Tuesdays at 7pm Begins
3rd February 2026. This Lent, the Belfast Jesuit Centre invites
you to a six-week journey into the Gospel of Matthew; our
liturgical Gospel for 2026. Led by Fr Kieran O'Mahony OSA of
Tarsus Scripture School, the course explores Matthew's unique
vision of church: a community navigating challenge, change,
and mission. Each session will offer fresh insight into the
Gospel's themes, including forgiveness, prayer, parables, and
the call to discipleship. Whether you're new to scripture study
or seeking deeper understanding, all are welcome. Weekly
sessions: Feb 3, 10, 17, 24; Mar 3, 10. Suggested donation:
£80-£120 (sliding scale; subsidised places available). Belfast
Jesuit Centre, 193-195 Donegall Street, BT1 2FL.
07955282371. www.belfastjesuitcentre.co.uk. bjc@jesuit.ie

Novena of Hope in Honour of Our Lady of Lourdes, Feb 3rd
- 11th February, Our Lady of Lourdes Church, Moneyglass, 103
Roguary Road, Moneyglass. CONTINUES

Sun 8th: 7pm Healing Service, "hope in the Confessional"
- Fr Martin Graham, Administrator of St Peter's Cathedral

Mon 9th: 7pm Hope in the Family - Sinead Strong, Co-
founder and Director of Catholic Mothers Ireland

Tue 10th: 7pm "Finding hope with Christ" - Mr John
Connor's, actor, screenwriter and documentary filmmaker

Wed 11th: 7pm Anointing of the Sick - Fr Darren Brennan,
PP of St Paul's Parish, Belfast (Feast of Our Lady of Lourdes).

**Celebrating 70 years of Faith - St Agnes' Parish Novena to
Our Lady of Lourdes 2026.** CONCLUDES
Gathering of Youth: Sunday 8th Feb 7pm

Discernment Retreat for Diocesan Priesthood. 6th -8th
March. In Drumalis Retreat House, Larne. For young men who
are open to the question: "Is God calling me to be a priest?" A
chance to step away from the noise and busyness of everyday
life. Time for prayer, silence, and honest conversation. No
pressure to decide anything — just space to listen and reflect.
Contact Fr Conor McGrath at c.mcgrath@downandconnor.org.

Lent. Ash Wednesday is on 18th February 2026.

Mass Times: 9am Polish 11am English.

Ashes will be imposed during the masses.

Trócaire Boxes are available in Church Porch.

South East Belfast Vicariate Lenten Evening Prayer. You
are invited to join the priests of our parishes in the Vicariate for
the praying of Evening Prayer on the Sunday's of Lent in this
Jubilee of Hope. Evening Prayer takes approximately 20
minutes. Let us support each other with our presence and
prayer.

1st Sunday of Lent (22nd February) 7.30pm Carryduff

2nd Sunday of Lent (1st March) 7.30pm Holy Rosary

3rd Sunday of Lent (8th March) 7.30pm St Brigid's

4th Sunday of Lent (15th March) 7.30pm St Matthew's

5th Sunday of Lent (22nd March) 7.30pm St Malachy's
6th Sunday of Lent (29th March) 7.30pm St Colmcille's

Down & Connor Lourdes Pilgrimage, 2026. 9-
14th July (5 nights), Hotel from £899, Accueil
Notre Dame for pilgrims requiring care £779. 8-
15th July (7 nights), Hotel from £1035, Youth
Team £810. Prices are per person airing,
additional charges may apply. This tour is
operated by Northern Star Travel Ltd, T/A Joe
Walsh Tours. For more information and booking
forms either in the sacristy, or contact 028 9077
0162, lourdes@downandconnor.org, or <http://www.downandconnor.org/lourdes>

**Down and Connor Diocesan Trust - St Colmcille's
Parish, Belfast - Vacancies.**

Parish Support Officer. 20 hours per week. We are
seeking to recruit a Parish Support Officer to be based
within St Colmcille's Parish, 191 Upper Newtownards
Road, Belfast, BT4 3JB.

Vocations Support Officer 20 hours per week to be
based within St Colmcille's Parish, 191 Upper
Newtownards Road, Belfast, BT4 3JB. Reporting to
the Director of Vocations the role holder will be
required to support, promote and sustain a culture of
vocations across the Diocese of Down and Connor.
Full details relating to the vacancies can be found on
the Diocesan website at <http://www.downandconnor.org>,
and clicking on the tab: job vacancies, an on the
Community NI and no www.jobs.com websites, where
terms and conditions relating to the role can be
accessed by way of a Role Profile and Employment
Application form. Application Packs are also available
from St Colmcille's Parish Office. Closing date for
applications will be 12.00 noon on Tuesday 10th
February 2026. Down and Connor Diocesan Trust is
an Equal Opportunities Employer

St Brigid's Day Lecture 2026. As part of the
celebration to mark the 1700th anniversary of the
Council of Nicaea, Pope Leo XIV gave an important
address at an Ecumenical Prayer Service, at the
ancient site of the town of Nicaea, Turkey. He stated
"Faith in one Lord, Jesus Christ, the Only Begotten
Son of God, born of the Father before all
ages...consubstantial with the Father (Nicene Creed)
is a profound bond already uniting all Christians. In
this sense, to quote St Augustine, in the ecumenical
context we can also say that, 'although we Christians
are many, in the one Christ we are one'" (Exposition on
Psalm 127). This year's St Brigid's Day Lecture will be
given by Fr Tom Layden SJ, a Jesuit priest living and
working in Belfast. His theme will be based on Pope
Leo's address, "The Nicene Creed: A foundation for
Ecumenism". The Lecture will be in St Brigid's Parish
Centre, Derryvolgie Avenue, Belfast, on Sunday 8th
February at 4pm. All welcome.

Couples for Christ Ireland. The Filipino Community
(Couples for Christ) and Accord (NI) invite you to a St
Valentine's Thanksgiving Eucharistic Celebration for
Engaged and Married Couples, officiated by Bishop
Michael Ruter, in St Colmcille's Parish, Upper
Newtownards Road, Belfast, BT14 3JB. Following the
Celebration of Mass there will be a meal in the
Stormont Hotel, Belfast, at 4om (£75 per couple).
RSVP info@accordni.com, 028 90233002 by Mon 9th
February