



St. Anthony's Parish, Belfast

part of the Family of Parishes
of
St Malachy's, St Matthew's,
St Colmcille's, St Anthony's, &
St Colmcille's, (Holywood)

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Facebook Page: <https://www.facebook.com/stanthonybelfast>.

Website: <https://www.saintanthony.co.uk>

MASSSES:

Sunday Morning:

(in Polish): 9am, & 6:30pm.

(English Parish Mass): 11.30am

Weekdays:

Mon, Tues & Thurs at 9.30am. Fri 9:30am.

(Nov, Dec & Jan at 9:30am).

**PLEASE NOTE then that from November
Fri Mass is at 9:30am**

All English Masses on Facebook.

Polish Weekday Masses:

Tues & Thurs 7pm, Sat 9am

Confessions: By Arrangement.

Baptisms: By Appointment

St Bernadette's SVP Conference. If you
require assistance, please telephone SVP
Regional Office at 028 90351561. Donate
locally at www.svpni.co.uk

Parish Collections

Many thanks for your support. If you
require envelopes, or if your address
details have changed please contact
Fr McCann.

Weekly £528.42

Dona Digital £71

DONATE (website) £40

Cheque for church cleaning £200

Second Collection this weekend is for Sick
& Retired Priests

Privacy Policy. The Parish of St Anthony is part
of the Diocese of Down and Connor and operates
in accordance with the Diocesan Privacy Notice,
copies of which are available on request.

Parish Safeguarding. Can you please ensure
that all Children and Vulnerable Adults are
accompanied at all times when entering the
Sacristy / Toilet facilities. If you have any queries
regarding the Safeguarding Policy please contact
a member of the Parish Safeguarding
Committee. Thanks. Fr Henry McCann PP.

SIXTH SUNDAY IN ORDINARY TIME DAY OF PRAYER FOR TEMPERANCE

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Jim Browne, John Tumelty
(father of the late Fr Brian)

Anniversaries: Brenda Crilly, Patrick Gunn, Brigid
Murray, Terry McCann (Tue 24th Feb)

[PLEASE NOTE: If you would like your loved-one's
name to be included in the Deceased Lists for
Recently Deceased or Anniversary, and mentioned in
the Prayer of the Faithful, please let Fr McCann know]

FEAST DAYS THIS WEEK

Tue 17th: St Fintan, abbot; The Seven Holy Founders
Of the Servite Order

Wed 18th: Ash Wednesday

Sat 21st: St Peter Damian, doctor of the church

Lent. Ash Wednesday is on 18th February 2026.

Mass Times: Polish 9am, English 11am & 7:30pm.

Ashes will be imposed during the masses.

Trócaire Boxes are available in Church Porch.

The Trócaire Lenten Campaign 2026 launches on
Ash Wednesday. Trócaire boxes are available to
collect in the porch. The theme of the 2026 Trócaire
Lenten campaign centres on the story of a multi-
generational, female-led household in rural Rwanda.

Fasting and Abstinence during Lent. Ash
Wednesday is normally observed as a day of penance
in the whole church, one of both abstinence and
fasting.

In the Catholic tradition, fasting (reducing food intake)
and abstinence (refraining from meat) are penitential
practices mandatory on Ash Wednesday and Good
Friday for ages 18–59 and 14+, respectively.
Abstinence from meat is also required on all Fridays
during Lent. These acts foster self-discipline,
repentance, and solidarity with Christ's passion.

South East Belfast Vicariate Lenten Evening Prayer.

You are invited to join the priests of our parishes in the
Vicariate for the praying of Evening Prayer on the Sunday's
of Lent in this Jubilee of Hope. Evening Prayer takes
approximately 20 minutes. Let us support each other with
our presence and prayer.

1st Sunday of Lent (22nd February) 7.30pm Carryduff

2nd Sunday of Lent (1st March) 7.30pm Holy Rosary

3rd Sunday of Lent (8th March) 7.30pm St Brigid's

4th Sunday of Lent (15th March) 7.30pm St Matthew's

5th Sunday of Lent (22nd March) 7.30pm St Malachy's

6th Sunday of Lent (29th March) 7.30pm St Colmcille's

Baptised and Sent. This Lent, parishes, schools and
groups across Ireland are invited to journey together
through a set of reflective resources inspired by
Baptised and Sent (the preparatory document for the
2025 National pre-Synodal Assembly in Kilkenny).

Grounded in the conviction that baptism is the
foundation of our identity, dignity and mission, these
resources help us return to the heart of Christian life,
that through Baptism we are reborn in Christ and sent
out by the Spirit in service of the Gospel. Each week
offers a simple structure for prayer, Gospel reflection

and conversations. The themes for each week, such as
belonging, healing, renewal, and mission, flow from
Baptised and Sent's call to see baptism as the "entry point
to a life of faith, a gateway to mission, and the root and
foundation on which to build a Christian life". Through
these Lenten reflections, each person is encouraged to
rediscover who we are as God's people, to listen to the
Holy Spirit and to take concrete steps, individually and
collectively towards living our baptismal calling more
deeply. These resources will be available for private
prayer and reflection. Other parishes will have structured
evenings of communal activity.

St Anthony's Music Ministry. We are looking to expand
our music ministry and are calling on all musicians and
singers to lend your gift to praise God. Please leave your
details with Liam at the organ after Mass.

**Day of Prayer for Survivors and Victims of Abuse In
Ireland,** a Day of Prayer for Victims and Survivors of
Abuse is marked each year on the Friday immediately
following Ash Wednesday. This year it will be marked
across Ireland on Friday 20th February 2026. This day is
not only for victims and survivors who have been so
severely injured inside our Church, but also for the
families and communities affected by the pain and grief of
their loved ones.

"It is essential that we, as a Church, be able to
acknowledge and condemn, with sorrow and shame, the
atrocities perpetrated by consecrated persons, clerics,
and all those entrusted with the mission of watching over
and caring for those most vulnerable. Let us beg
forgiveness for our own sins and the sins of others. An
awareness of sin helps us to acknowledge the errors, the
crimes and the wounds caused in the past and allows us,
in the present, to be more open and committed along a
journey of renewed conversion"

**Bishop Alan McGuckian SJ will celebrate Mass in St
Peter's Cathedral on Friday 20th February 2026 at
6:00pm.** Chairs and members of Parish - Family of
Parishes Safeguarding Committees are invited to attend
the Mass in St Peter's Cathedral and join with Bishop Alan
in praying for all those who have been affected by abuse.'

PRAYER

Lord, forgive us our many sins.

*We grieve and repent with all our hearts for having
offended you, for our great failings and neglect of the
young and vulnerable.*

*We place all of those who have been hurt by the Church
in any way into your loving hands and under the
protection of Our Blessed Mother.*

*Lord, bring peace to their broken lives and show us all
the way out of darkness and into the light of your Word.*

*May we as the people of God be more fully human,
more fully Christ-like and more fully your people, that we
may see the errors of the past and go forward with
renewed hope and faith in Christ and in our Church.*

Amen

Belfast Jesuit Centre - Upcoming Events

**Lenten Scripture Course with Fr Kieran O'Mahony:
Learning from Matthew's Church.** Tuesdays at 7pm
Begins 3rd February 2026. This Lent, the Belfast Jesuit
Centre invites you to a six-week journey into the Gospel of

Matthew; our liturgical Gospel for 2026. Led by Fr
Kieran O'Mahony OSA of Tarsus Scripture School,
the course explores Matthew's unique vision of
church: a community navigating challenge,
change, and mission. Each session will offer fresh
insight into the Gospel's themes, including
forgiveness, prayer, parables, and the call to
discipleship. Whether you're new to scripture
study or seeking deeper understanding, all are
welcome. Weekly sessions: Feb 3, 10, 17, 24;
Mar 3, 10. Suggested donation: £80–£120
(sliding scale; subsidised places available).
Belfast Jesuit Centre, 193–195 Donegall Street,
BT1 2FL. 07955282371. www.belfastjesuitcentre.co.uk

bjc@jesuit.ie

Silence in the City: An Introduction to the Prayer
of Silence. In the Belfast Jesuit Centre, at 11am on
the Fridays of Lent, starting 20th February. A
gentle invitation to rest, reconnect, and re-
discover the sacred within a world that rarely stops
talking. Visit www.belfastjesuitcentre.co.uk

Discernment Retreat for Diocesan Priesthood.

6th–8th March. In Drumalis Retreat House, Larne.
For young men who are open to the question: "Is
God calling me to be a priest?" A chance to step
away from the noise and busyness of everyday
life. Time for prayer, silence, and honest
conversation. No pressure to decide anything —
just space to listen and reflect. Contact Fr Conor
McGrath at c.mcgrath@downandconnor.org.

Down & Connor Lourdes Pilgrimage, 2026.

9–14th July (5 nights), Hotel from £899, Accueil
Notre Dame for pilgrims requiring care £779. 8–
15th July (7 nights), Hotel from £1035, Youth
Team £810. Prices are per person airing,
additional charges may apply. This tour is
operated by Northern Star Travel Ltd, T/A Joe
Walsh Tours. For more information and booking
forms either in the sacristy, or contact 028 9077
0162, lourdes@downandconnor.org, or <http://www.downandconnor.org/lourdes>

Beginning Weekend Experience -

The loss of a partner through death, separation or divorce is
devastating. Beginning Experience is offering "a
weekend away for a lifetime of change" at
Drumalis Retreat and Conference Centre, Larne
on Friday 20th-Sunday 22nd March 2026. To find
out more contact Marie 07896119669 or Pauline
07519289185 or email belfastbe@yahoo.com

Catholic Mothers Ireland -

Catholic Mothers Ireland, along with Family Solidarity, Teams of Our
Lady and Marriage Encounter are holding a
special event for Catholic Couples on Saturday
18th April. For more information see link:

https://www.facebook.com/permalink.php?story_fbid=pfbid02tnSpfwW4jymDxDjM4bVx5N5mFhgTvjfkNqd1fug714uCh77ftTnY4ZM8E6UYVprl&id=100095535672372