



St. Anthony's Parish, Belfast

part of the Family of Parishes
of
St Malachy's, St Matthew's,
St Colmcille's, St Anthony's, &
St Colmcille's, (Holywood)

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Website: <https://www.saintanthony.co.uk>

MASSSES:

Sunday Morning:

(in Polish): 9am, & 6:30pm.

(English Parish Mass): 11.30am

Weekdays:

Mon, Tues & Thurs at 9.30am. Fri 9:30am.
(Nov, Dec & Jan at 9:30am).

**PLEASE NOTE then that from November
Fri Mass is at 9:30am**

All English Masses on Facebook.

Polish Weekday Masses:

Tues & Thurs 7pm, Sat 9am

Confessions: By Arrangement.

Baptisms: By Appointment

St Bernadette's SVP Conference. If you
require assistance, please telephone SVP
Regional Office at 028 90351561. Donate
locally at www.svpni.co.uk

Parish Collections

Many thanks for your support. If you
require envelopes, or if your address
details have changed please contact
Fr McCann.

Weekly £628.50

Missalettes £15.79

Dona Digital £71

DONATE (website)£

Second Collection: Faith & Development
Fund

Privacy Policy. The Parish of St Anthony is part
of the Diocese of Down and Connor and operates
in accordance with the Diocesan Privacy Notice,
copies of which are available on request.

Parish Safeguarding. Can you please ensure
that all Children and Vulnerable Adults are
accompanied at all times when entering the
Sacristy / Toilet facilities. If you have any queries
regarding the Safeguarding Policy please contact
a member of the Parish Safeguarding
Committee. Thanks. Fr Henry McCann PP.

SECOND SUNDAY IN ORDINARY TIME

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Elizabeth Gilmore, Kevin Hill
Anniversaries: Peter Hughes, James & Kathleen
McCann, Brenda Crilly, Patrick Gunn (Sun 18th
January)

FEAST DAYS THIS WEEK

Tue 20th: St Fabian, pope & martyr;

St Sebastian, martyr

Wed 21st: St Agnes, virgin & martyr

Thurs 22nd: St Vincent, deacon & martyr

Sat 14th: St Francis de Sales, bishop & doctor

Belfast Jesuit Centre - Upcoming Events

Discover the Enneagram – A Tool for Growth. Join
us at the Belfast Jesuit Centre for a gentle, insightful
introduction to the Enneagram. Nuala Prince will lead
us as we explore how the Enneagram can deepen
self-understanding, strengthen relationships, and
support spiritual and emotional wellbeing. Friday 23
Jan (7–9.30pm) & Saturday 24 Jan (10am–4pm)
Suggested donation: £40–£55. Refreshments
provided; bring lunch on Saturday. Registration
essential. 07955282371 www.belfastjesuitcentre.co.uk
bjc@jesuit.ie

Explore Your Enneagram Subtype. Already know
your Enneagram type? Take the next step with this
one-day workshop at the Belfast Jesuit Centre,
exploring how instinctual drives shape your
personality and relationships. Discover practical tools
to support both emotional and spiritual wellbeing.
Saturday 31 Jan 9.30am–5.00pm. Suggested
donation: £35–£50. Refreshments provided; bring
lunch. Ideal for individuals, educators, and teams.
Registration essential. 07955282371 www.belfastjesuitcentre.co.uk
bjc@jesuit.ie

Lenten Scripture Course with Fr Kieran O'Mahony:
Learning from Matthew's Church. Tuesdays at 7pm
Begins 3rd February 2026. This Lent, the Belfast
Jesuit Centre invites you to a six-week journey into the
Gospel of Matthew; our liturgical Gospel for 2026. Led
by Fr Kieran O'Mahony OSA of Tarsus Scripture
School, the course explores Matthew's unique vision
of church: a community navigating challenge, change,
and mission. Each session will offer fresh insight into
the Gospel's themes, including forgiveness, prayer,
parables, and the call to discipleship. Whether you're
new to scripture study or seeking deeper
understanding, all are welcome. Weekly sessions:
Feb 3, 10, 17, 24; Mar 3, 10. Suggested donation:
£80–£120 (sliding scale; subsidised places available).
Belfast Jesuit Centre, 193–195 Donegall Street, BT1
2FL. 07955282371. www.belfastjesuitcentre.co.uk
bjc@jesuit.ie

Catholic Schools Week, Sun 18th-Sat 24th Jan 2026,
with theme "Catholic Schools: Normal Lives, Called to
Holiness."

Week of Prayer for Christian Unity, 18th-25th
January 2026. Theme "There is one body and one
Spirit, just as you were all called to the one hope of
your calling" (Ephesians 4:4)

4 CORNERS FESTIVAL 2026. 4Corners Festival 2026 is
taking place from 31 January 31st to 8th February across
Belfast. This year's theme is 'Journey' – exploring the
paths we've walked, the people we've met, and the
moments that have transformed us. The festival brings
together our community through music, conversation,
sport, and shared experiences, with events including:

- Bishop Rose Hudson-Wilkin sharing her remarkable
journey from the Caribbean to Canterbury
- Rev Dr Harold Good in conversation with Shannon
Campbell
- Dr Jemar Tisby speaking on Racial Justice Sunday as
our finale closing
- Come Glide With Me – a unique journey across Belfast
on the Glider with live music and poetry
- Workshops, walks, sports events, and much more.

Events are FREE but require pre-registration. Full details
and booking information are available at
www.4cornersfestival.com. Some highlights:

Winning Through Uncertainty. Date & Time 7.30pm -
Monday 2nd February 2026. Location: St Comgall's -
lonad Eileen Howell, Divis Street, BT12 4AQ. About This
Event: Sam Goodwin is an American entrepreneur,
bestselling author and international keynote speaker
known for his thought leadership on embracing
uncertainty. His book, Saving Sam, recounts his
experience of being taken hostage and wrongfully
imprisoned in Syria. Sam speaks to audiences worldwide,
from large corporate events to intimate leadership
retreats, inspiring others to embrace challenges with
resilience. Sam will share with us how his journey around
the world has shaped him to be the person he is today. 
Register for this event.

**The Journey Toward Reconciliation: Racial Justice
Sunday,** Date & Time: 7.00pm - Sunday 8th February
2026, Location: St Peter's Cathedral, St Peter's Square
North, BT12 4BU. About This Event: Stories of division,
violence, and fear dominate our news cycles – both locally
and globally. Discriminatory attacks against minorities and
immigrants have become far too commonplace in Belfast.
It is easy to feel helpless and overwhelmed. What can we
do? And what is the church's role in fighting
discrimination? Dr Jemar Tisby (PhD) provides tangible
steps to take to fight discrimination and protect
democracy, both for individuals and for church leaders.
Join us on Racial Justice Sunday as we conclude the Four
Corners Festival with a call to the onward journey toward
love, justice, and peace in our city and beyond. 
Register for this event

Irish Pilgrim – When The Saints Go Marching

About This Event: Why would a Northern Irish Protestant,
raised in a staunchly loyalist community, hitchhike through
Catholic Europe on the trail of medieval celtic monks?
What role did an Irishman play in the creation of the
European Union, and how do we break down walls and
bring people together today? Who was Columbanus of
Bangor and why are present day librarians from all over
the world indebted to him? Why does God not like Zebras,
has Murphy's Law anything to do with chaos theory, and
why are the Germans the reason Ireland had to wait 1,900
years to get decent roads? Join us on the European
travels of sixth-century saint Columbanus (Leinster), and
twenty-first century sinner, Barry Sloan (Carrickfergus).
With humorous and inspiring stories from his book,
sprinkled with a few of his delightfully thought-provoking

songs, Barry will show us a God who crosses
every border to reach people with love. 7:30 PM -
Saturday 7th February 2026, St John's Church,
Falls Road, BT12 6EN.

For information on all the events at the 4 Corners
Festival, please visit the website Home - [https://
www.4cornersfestival.com](https://www.4cornersfestival.com).

Sensory-Friendly Mass Invitation. If you or a
loved one experience sensory sensitivities, or you
simply wish to attend a peaceful and reflective
service, we would love to see you at our parish's
Sensory Mass next Saturday, 24th January at
12:00 noon. This monthly special Mass is
designed to be inclusive and welcoming for
individuals and families who may benefit from a
quieter, more relaxed worship environment. The
Mass will feature: Gentle lighting and sound; A
calm and supportive atmosphere; Space to move
around if needed; Sensory items to aid regulation;
A warm welcome for all ages and abilities.
Refreshments after Mass in the parish centre.
Please share.

**Priory Institute, Tallaght. Study
Theology Online,** is this for you? The Priory
Institute provides online Theology courses
to degree level. Attend Saturday lectures in
Tallaght or from the comfort of your own home.
Register before February 10. Find out more on
our website, www.prioryinstitute.com

St Brigid's Day Lecture 2026. As part of the
celebration to mark the 1700th anniversary of the
Council of Nicaea, Pope Leo XIV gave an
important address at an Ecumenical Prayer
Service, at the ancient site of the town of Nicaea,
Turkey. He stated "Faith in one Lord, Jesus
Christ, the Only Begotten Son of God, born of the
Father before all ages...consubstantial with the
Father (Nicene Creed) is a profound bond already
uniting all Christians. In this sense, to quote St
Augustine, in the ecumenical context we can also
say that, 'although we Christians are many, in the
one Christ we are one'" (Exposition on Psalm
127). This year's St Brigid's Day Lecture will be
given by Fr Tom Layden SJ, a Jesuit priest living
and working in Belfast. His theme will be based
on Pope Leo's address, "The Nicene Creed: A
foundation for Ecumenism". The Lecture will be in
St Brigid's Parish Centre, Derryvolgie Avenue,
Belfast, on Sunday 8th February at 4pm. All
welcome.

**Spiritual Exercises: 5 Day Silent Ignatian
Retreat for Men.** Led Benedictine monks from St.
Joseph Abbey, in France. Starts Thursday 30th
April (3pm). Benburb Priory, Co. Tyrone (1.5 hrs
from Dublin). €450 (all meals & single room
included). Daily Mass - Ordinary Form (Latin & ad
orientem). Discover the strength that only comes
when you stop running and let God speak. Book
at: [https://soutenir.clairval.com/retreat-benburb-
priory](https://soutenir.clairval.com/retreat-benburb-priory)