



St. Anthony's Parish, Belfast

part of the Family of Parishes
of
St Malachy's, St Matthew's,
St Colmcille's, St Anthony's, &
St Colmcille's, (Holywood)

Fr. Henry McCann PP (and Chaplain to the
Ulster Hospital, Dundonald),
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Facebook Page: <https://www.facebook.com/stanthonysbelfast>.
Website: <https://www.saintanthony.co.uk>

MASSSES:

Sunday Morning:

(in Polish): 9am, & 6:30pm.
(English Parish Mass): 11.30am

Weekdays:

Mon, Tues & Thurs at 9.30am. Fri 7pm.

**PLEASE NOTE then that from March Fri
Mass will return to 7pm**

All English Masses on Facebook.

Polish Weekday Masses:

Tues & Thurs 7pm, Sat 9am

Confessions: By Arrangement.

Baptisms: By Appointment

St Bernadette's SVP Conference. If you require
assistance, please telephone SVP Regional Office at
028 90351561. Donate locally at www.svpni.co.uk

Parish Collections

Many thanks for your support. If you
require envelopes, or if your address
details have changed please contact
Fr McCann.

Weekly £699.81

Maintenance £171.50

Dona Digital £40

DONATE (website)£

Second Collection this weekend is Monthly
Stipend in support of the priests.

New Boxes of Envelopes will soon be available. If you
would like a box please give details to Fr McCann. It
will be assumed that you consent to use of your details.
And you may fill in a gift-aid consent form in order that
the parish can claim 20% back on your donations.

Privacy Policy. The Parish of St Anthony is part of
the Diocese of Down and Connor and operates in
accordance with the Diocesan Privacy Notice, copies
of which are available on request.

Parish Safeguarding. Can you please ensure that all
Children and Vulnerable Adults are accompanied at all
times when entering the Sacristy / Toilet facilities. If
you have any queries regarding the Safeguarding
Policy please contact a member of the Parish
Safeguarding Committee. Thanks. Fr Henry McCann
PP.

SECOND SUNDAY OF LENT

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Joanne Sheppard (daughter of
Margaret & Joseph), Margaret Henighan (sister of Fr
Robert Butler), James Butler (brother of Fr Robert
Butler), Maureen Brogan (sister of Loretta Watson),
Marie Theresa Norbury, (Sister of Deacon Paul
Bradley),

Anniversaries: Brenda Crilly, Patrick Gunn, Brigid
Murray, Terry McCann, Marie Kane (Sun 8th Feb)

[PLEASE NOTE: If you would like your loved-one's
name to be included in the Deceased Lists for
Recently Deceased or Anniversary, and mentioned in
the Prayer of the Faithful, please let Fr McCann know]

FEAST DAYS THIS WEEK

Wed 4th: St Casimir

Thurs 5th: St Kieran, bishop

Sat 7th: Sts Perpetua & Felicity, martyrs

St Anthony's Music Ministry. We are looking to
expand our music ministry and are calling on all
musicians and singers to lend your gift to praise God.
Please leave your details with Liam at the organ after
Mass.

The Trócaire Lenten Campaign 2026. Trócaire
boxes are available to collect in the porch. The theme
of the 2026 Trócaire Lenten campaign centres on the
story of a multi-generational, female-led household in
rural Rwanda.

Fasting and Abstinence during Lent. Ash Wednesday is
normally observed as a day of penance in the whole
church, one of both abstinence and fasting.

In the Catholic tradition, fasting (reducing food intake) and
abstinence (refraining from meat) are penitential practices
mandatory on Ash Wednesday and Good Friday for ages
18–59 and 14+, respectively. Abstinence from meat is also
required on all Fridays during Lent. These acts foster self-
discipline, repentance, and solidarity with Christ's passion.

South East Belfast Vicariate Lenten Evening Prayer.

You are invited to join the priests of our parishes in the
Vicariate for the praying of Evening Prayer on the Sunday's
of Lent in this Jubilee of Hope. Evening Prayer takes
approximately 20 minutes. Let us support each other with
our presence and prayer.

2nd Sunday of Lent (1st March) 7.30pm Holy Rosary

3rd Sunday of Lent (8th March) 7.30pm St Brigid's

4th Sunday of Lent (15th March) 7.30pm St Matthew's

5th Sunday of Lent (22nd March) 7.30pm St Malachy's

6th Sunday of Lent (29th March) 7.30pm St Colmcille's

Baptised and Sent. This Lent, parishes, schools and
groups across Ireland are invited to journey together
through a set of reflective resources inspired by
Baptised and Sent (the preparatory document for the
2025 National pre-Synodal Assembly in Kilkenny).

Grounded in the conviction that baptism is the
foundation of our identity, dignity and mission, these
resources help us return to the heart of Christian life,
that through Baptism we are reborn in Christ and sent
out by the Spirit in service of the Gospel. Each week
offers a simple structure for prayer, Gospel reflection

and conversations. The themes for each week, such as
belonging, healing, renewal, and mission, flow from
Baptised and Sent's call to see baptism as the "entry point
to a life of faith, a gateway to mission, and the root and
foundation on which to build a Christian life". Through
these Lenten reflections, each person is encouraged to
rediscover who we are as God's people, to listen to the
Holy Spirit and to take concrete steps, individually and
collectively towards living our baptismal calling more
deeply. These resources will be available for private
prayer and reflection. Other parishes will have structured
evenings of communal activity.

**Bishop Alan's Lenten Pastoral Letter on the Synodal
Theme of Baptised and Sent.** Some copies of the Letter
are available in the Porch. But a digital copy can be
downloaded from:

[https://www.downandconnor.org/wp-content/uploads/
2026/02/Baptised-and-Sent-Pastoral-Letter-from-Bishop-
Alan-McGuckian.pdf](https://www.downandconnor.org/wp-content/uploads/2026/02/Baptised-and-Sent-Pastoral-Letter-from-Bishop-Alan-McGuckian.pdf)

Lenten Reflection 2026. A reflection on the Sunday Gospels
of 3rd, 4th and 5th Sundays in Lent is available in the Church
Porch. It was given as a retreat to the Knights of St
Columbanus, and I thought to make copies available for your
own use.

Pioneer Total Abstinence Association of the Sacred Heart.

Parishioner who wish to take a short-term pledge for Lent are
invited to visit www.pioneers.ie or to speak to a Pioneer in
parishes. The Short-term pledge for Lent is a gesture of
solidarity with people who are living 'one day at a time'
according to the 12 Step AA programme. More information
available at www.pioneers.ie

Confirmation, First Confessions and First Holy Communion:

Confirmation: Thurs 5th March 2026 at 4pm

First Confessions: Thurs 12th March 2026:

11am Lough View Integrated PS

1:30pm Harding Memorial Integrated PS

First Holy Communion:

Sat 9th May at 11am Lough View Integrated PS

Sat 6th June at 1pm Harding Memorial Integrated PS.

Please keep these children in your prayers as they prepare for the
reception of these sacraments.

Discernment Retreat for Diocesan Priesthood.

6th–8th
March. In Drumalis Retreat House, Larne. For young men
who are open to the question: "Is God calling me to be a
priest?" A chance to step away from the noise and
busyness of everyday life. Time for prayer, silence, and
honest conversation. No pressure to decide anything —
just space to listen and reflect. Contact Fr Conor McGrath
at c.mcgrath@downandconnor.org.

Church Cleaning. Volunteers are sought to help clean
the Church, once every two months. Anyone who is
interested is asked to place the name in a rota of cleaning
in the Sacristy, with their name and contact details.

Dromantine Summer Camp. Registration for Dromantine
Summer Camp for young people aged 11-17 opens on
Saturday 28th February on our website: [www.
dromantinesummerncamp.co.uk](http://www.dromantinesummerncamp.co.uk). Leadership applications
for young people aged 17+ are now open on our website.
Dromantine Summer Camp is a multi-week summer
programme held during July and August, welcoming:

- Young people aged 11–17 as campers

- Young people aged 17+ as part of our volunteer
leadership team. The camp provides a safe, faith-
inspired and fun environment where young people
can build friendships, grow in confidence, and
engage with themes of faith, fun and friendship.
Camp Dates:

- Boys Week 1: 12th – 17th July

- Boys Week 2: 19th – 24th July

- Girls Week 1: 26th – 31st July

- Girls Week 2: 2nd – 7th August

- Girls Week 3: 9th – 14th August

A Life of Adoration, Prayer, Intercession for the World.

Vocation Discernment Weekends:

20- 22nd March 2026

17-19th April 2026

Single Women, Age (18-35). Please contact:

Sr Mairéad OP, Monastery of St Catherine of
Siena, The Twenties, Drogheda, Co. Louth. A92
KR84. Tel: 041 9838524; E-mail:

sienavoc@gmail.com, www.dominicannuns.ie

Parish Cell System for Evangelisation National Seminar

(www.parishcells.ie). Parish Cells Ireland will be holding its
National Seminar on the 28th and 29th of March this year at
Drumalis Retreat Centre, Larne. Our theme will be From
Encounter to Mission. Whether you are a Cell member or
non-Cell member, this invitation is open to all parishioners
as we explore our call to be witnesses for Christ. For
enquiries please contact: Margaret Webb. Tel. 07779
729505. Email: magswebb1@gmail.com. Anne McFerran.
Tel. 078099 06792. Email: anne.mcferran@gmail.com.
Information is also available on posters and flyers available
in the Church. For accommodation/catering bookings
contact Drumalis Retreat Centre on 028 2827 2196.

World Day of Prayer, a Service for everyone!

Friday 6th
March 2026. Join us at St Finnian's Church, Cregagh Park,
BT6 9JT, at 8pm. The Service has been prepared by women
in Nigeria. All are most welcome.

Eucharistic Healing Retreat in Knock Shrine,

led by
gifted Croatian Priest, Fr Rozo Palic Saturday March
7th & Sunday March 8th. Venue: St. John's Welcome
Centre; Saturday 10:00 am - 6:30 pm & Sunday 10:00
am - 4:30 pm. He will be supported by his Croatian
Music Ministry team; no prior booking required;
everyone is most welcome and please bring a packed
lunch. For further enquires please contact, Patricia on
[089 9466193](tel:0899466193) or Fiona on fionatjennings@yahoo.com.

The Shroud of Turin.

The Knights of St
Columbanus have organised a talk on the Shroud
of Turin. An overview of scientific research
followed by discussion. The talk will be delivered
by Ulster University Professor Emeritus, Dr Paucic
McGowan. A Postgraduate of Turin Shroud
Studies at the Pontifical University, Rome. It will
take place on Sunday 22nd March at 7pm in the
church of the Immaculate Heart of Mary,
Carryduff.

Michael English Church Concert.

An evening of
Faith, Hope and Inspiration at St Joseph's Church,
Dunlop, Friday 20th March 2026. Doors open
7pm, show 8pm. Online tickets www.skiddle.com,
or Dunlop Parish Office, Mace Dunloy, Costcutter
Donloy, or contact Oran: 07729686440